

Pre-Arrival Checklist October 2022

Thank you for choosing Northeastern University Toronto. We are looking forward to welcoming you as you start your studies with us.

Before you arrive, you will need to take care of some things to make sure you are prepared to arrive in good health and to remain in good health so you can join us on campus as soon as possible.

Preparing for travel to Canada...

Step 1. Checklist for what you need to have ready at the border:

- Travel document, e.g. A valid passport.
- A Temporary Resident Visa (TRV) or an electronic travel authorization (e-TA) for non-US citizens.
- Letter of Introduction/Port of Entry (POE) Letter- issued by IRCC, contains permit reference number.
- A copy of the admission letter/decision letter/deferral confirmation letter or email if applicable from Northeastern University.
- A copy of the Proof of Acceptance (POA) letter that you submitted for your study permit application.
- A copy of valid international student insurance.
- A copy of the [e-Medical form](#) showing your medical exam was done during the past 12 months, or is still valid if you were requested to do the medical exam when you applied for the study permit.
- Proof of funds (you have enough money to support yourself and the accompany family members during your study in Canada) *.

* We recommend using [GuardMe](#) as your insurance provider as this will be made mandatory moving forward and even if you have another policy, you will be required to have to Guard me.: <https://www.guard.me/neutoronto>

Step 3. Register your travelling plan with Office of Global Services, Canada.

1. Follow the link [here](#) to fill in the registration form and submit all the required documents.
2. Make sure to register at least **10 business days** prior to travelling.
3. If you need to update/change any information (e.g., travel date, flight number etc.) please submit the registration form again.
4. You are recommended to [register](#) your travel plan with Global Safety and Support 24/7 Travel Assistance.

Visiting the campus

Please visit this link for campus access: [Frequently Asked Questions - Northeastern University—Toronto | Northeastern University.](#)

For attending our orientation event, complete the New Student Orientation course and requesting your Husky Card, please visit this link: [Student Life Toronto | Northeastern University—Toronto.](#)

For more information, including on the process of requesting an exemption to this policy, please see our FAQ [here](#).

Additional Support Resources

Students who require specialized guidance on the basis of a disability or health condition will be connected with Northeastern's Disability Resource Center. This office can be reached by calling 1 (617) 373-2675.

Students requiring mental health support will be connected with University Health and Counseling Services, which offers 24-7 phone support and counseling sessions through:

- **Find@Northeastern service.** This service is accessible by phone at 1 (781) 457-7777.
- **311 Toronto** Call if you have questions about City services. Outside City limits: 416-392-2489 Telephone: 311 TTY: 416-338-0889 Email: 311@toronto.ca
- **Emergency Services** Call in case of an emergency. Telephone: 911

Please contact the Toronto campus at 1 (888) 660-6938 if you have any difficulties connecting with the above resources.